



Helen Howison RN MSc

Employment

October 2019 – current role

Expert witness nursing care • Charlotte Wells and Co (since June 2021)

April 2021 – May 2022

Cancer Information Nurse Specialist • Macmillan Cancer Support

April 2006 – April 2021

Lung cancer and mesothelioma specialist • Lead nurse • Aneurin Bevan University Health Board

2004 – 2006

Acute cancer care nurse • Ward sister • Velindre Cancer Centre

2000 – 2004

Staff nurse • Cardiothoracic surgery • University Hospital South Wales

Experience

With over 20 years nursing experience I have delivered all aspects of active and supportive cancer care through my career. My core clinical skills include respiratory medicine, acute oncology, clinical assessment, and symptom control.

My cancer care knowledge encompasses a range of tumour sites including lung, mesothelioma, breast, bowel, prostate, head and neck cancers, in addition to haematological cancers.

I produce care reports for patients with asbestos related illness and other primary cancers. I comprehensively evidence gratuitous family and private care costs, alongside recommendations for aids and adaptations. Reports are compliant with Civil Procedural Rules.

I prepare dependency reports when un-met care needs are demonstrated, such reports have considered chronic ill health such as COPD, arthritis, diabetes, and dementia.



Charlotte Wells & Co,
50 Stratford Road, Shipston on Stour,
Warwickshire, CV36 4BA



01608 664084
07871 655312



Helen.Howison@charlottewells.org



<https://www.charlottewells.org>



I have advanced communication skills which result in prompt development of therapeutic relationships with patients and their support network.

Core skills

- Expert witness medico-legal skills and provision of comprehensive quantum nursing care reports. Identification of loss of service associated with personal care, health care needs and domestic duties.
- Broad cancer care knowledge and skills, spanning most primary cancers.
- Telephone triage, acute clinical assessment skills, recognition of oncological emergencies and symptom control.
- Confident advanced communication skills, including virtual client assessment. Experienced with breaking bad news and managing difficult conversations.

Education

Cardiff University Bond Solon Expert Witness Certificate, January 2022

- Obtained after completion of modules on Report Writing, Cross Examination and Courtroom Skills, and Civil Law and Procedure.

Macmillan Cancer Support, SAGE & THYME communication skills, March 2022

- Training for structured conversation with a person in distress or with concerns, enabling effective communication.

University South Wales, MSc Advanced Practice for Healthcare Professionals, 2018 - 2020

- Critically reflective opportunity to evaluate autonomous advanced practice.

Royal Marsden School of Nursing, Kingston and St George's University, 2012

- Mesothelioma care module, ensuring evidence-based patient centred care.

Cardiff University, School of Nursing and Midwifery

- Cancer care module (2007)
- Clinical patient assessment module (2008)